



UNIVERSITY OF OTTAWA  
HEART INSTITUTE  
INSTITUT DE CARDIOLOGIE  
DE L'UNIVERSITÉ D'OTTAWA

## Ottawa Pulmonary Hypertension Clinic

### Criteria for Referral

#### Refer patients with:

1. Pulmonary artery systolic pressure 50 mmHg by echocardiogram or > 40 mmHg with symptoms. (Symptoms: shortness of breath, fatigue, chest pain, syncope)
2. Pulmonary artery systolic pressure of >50mmHg on echo AND evidence of RV dysfunction that is perceived to be either out of proportion to, or in the presence of only mild left ventricular dysfunction, COPD or ILD. (These cases should be discussed with us first.)
3. Mean pulmonary artery pressure 25 mm Hg or greater on right heart catheterization.
4. Connective tissue disorder with a high clinical suspicion of pulmonary hypertension regardless of the pulmonary artery systolic pressure.
5. Known first-degree relative of patient with confirmed idiopathic pulmonary hypertension.
6. Congenital heart disease and systemic-pulmonary shunt, with pulmonary artery systolic pressure  $\geq$  35 mmHg on echo.
7. Known pulmonary hypertension who require ongoing investigation or management
8. Pulmonary artery systolic pressure of >40 mmHg on echo > 3 months after a pulmonary embolism.

<b>Administrative Director:</b>	Ross A. Davies, MD, FRCP(C)
<b>Medical Director:</b>	Lisa Mielniczuk, MD, FRCP(C)
<b>Co-Medical Director:</b>	George Chandy, MD, FRCP(C) Duncan J. Stewart, MD, FRCP(C) Vladimir Contreras Diminguez, MD, FCCM
Advanced Practice Nurse:	Carolyn Pugliese, RN, MSN

Telephone: 613-696-7000 Ext. 15396  
Facimile: 613-696-7216