



Agenda

Thursday, May 30th, 2024
8:30 a.m. to 4:30 p.m. EST

TIME (EST)	AGENDA ITEMS	SPEAKER(S)
08:35-08:45	Opening Day Remarks	Bonnie Bowes, RN
Part I: The Patient with Valvular Disease		
08:45-10:20	Valvular Disease: Early detection, treatments, and follow up post-op	Christopher Glover, MD David Messika-Zeitoun, MD Lawrence Lau, MD Sandra Wong, RN Kathryn Mclean, RN
10:20-10:35	Break	
Part II: The Patient with Atrial Fibrillation		
10:35-11:55	Recognizing Atrial Fibrillation (AF): Guideline recommended treatments, follow-up, and helping patients with the mental health aspects of atrial fibrillation	Anas Alzahrani, MD Ann-Marie, Patient partner Anne Grenon, RN Rozen Alex, PhD
Part III: Cardiac Resources		
11:55-12:15	Research Update: Physical activity	Matheus Hausen, PhD
12:15-12:45	Lunch	
12:45-1:00	Virtual Care: Telehome Monitoring	Donna MacLeod, RN Jennifer Morand, RN
1:00-1:15	Cardiology Update: Nitro Assist App and Heart Failure Booklet	Lindsay MacArthur, RN
1:15-1:30	Cardiac Surgery Update: Sternal Precautions	Tammy Lafrenière, PT
1:30-1:45	Enhanced Recovery After Surgery (ERAS) and Prehab	Julie Sawyer, RN Amy Charlebois, RN
1:45-2:05	Obesity: A Pilot Project in Cardiac Rehab	Marc Laflamme, PT
2:05-2:20	Break	
Part IV: The Patient with a Stroke		
2:20-4:00	The Stroke Care Journey: Inpatient Management, Stroke Prevention and Community Supports	Alana Niles, RN (TOH) Sophia Gocan, RN (TOH) Michelle Simpson, RSW (TOH) Dylan Blacquiere, MD (TOH)
Part V: Cardiac Prevention		
4:00-4:20	Navigating Heart Disease Within the Family	Heather Tulloch, PhD Karen Bouchard, PhD Laura, Patient Partner
4:20-4:30	Closing Day Remarks	Bonnie Quintan, RN