



**CANet**

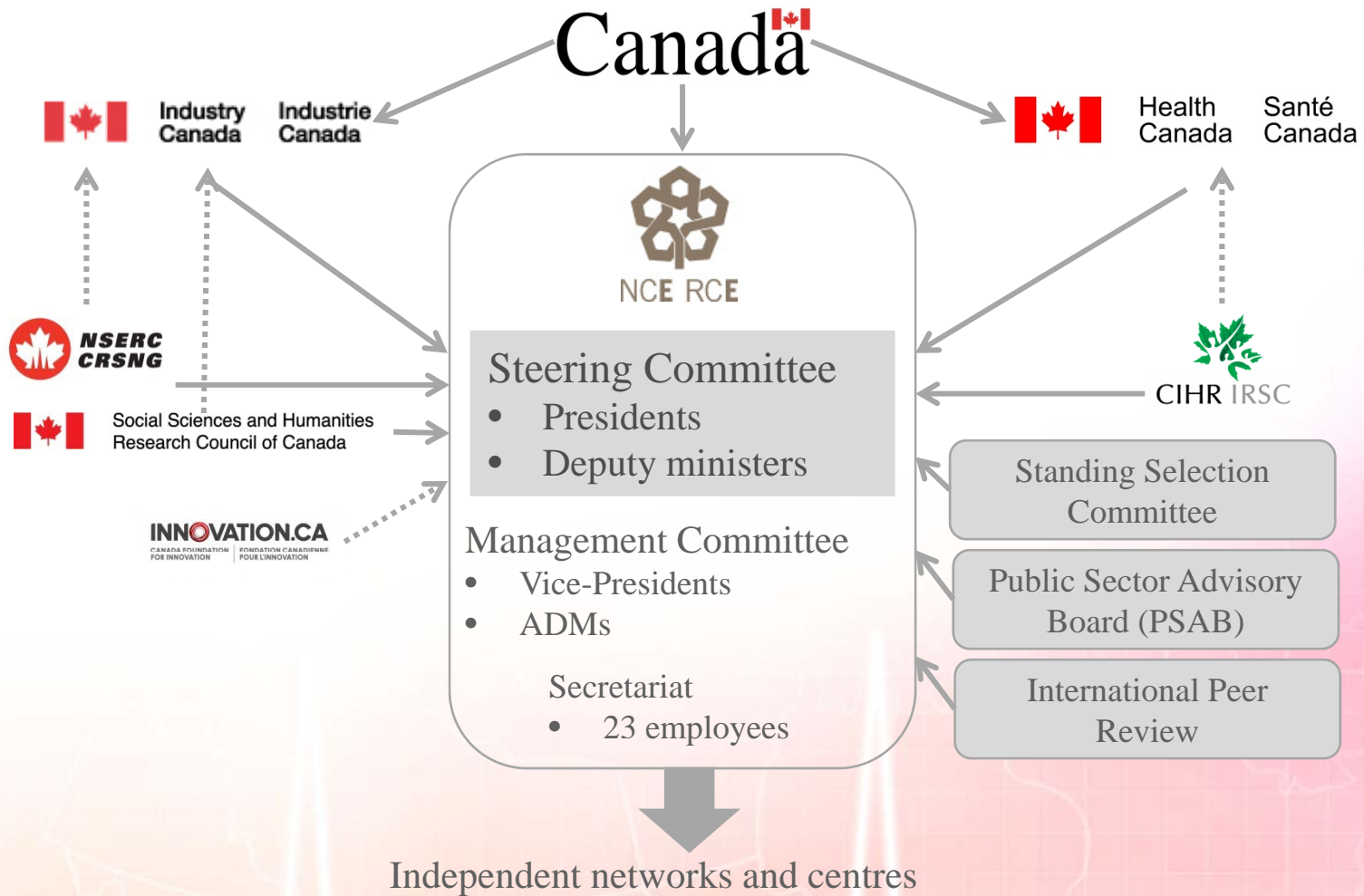
Cardiac Arrhythmia Network of Canada  
Réseau canadien sur l'arythmie cardiaque

# **Cardiac Arrhythmia Network**

## **Opportunity to Improve AF Care**



# NCE Governance



## **NCE Mission**

***“To mobilize Canada’s research talent in the academic, private and public sectors and apply it to the task of developing the economy and improving the quality of life of Canadians”***



# Current Classic NCEs (13)

## Environmental science and technologies (3):

- ArcticNet
- Canadian Water Network (CWN)
- Marine Environmental, Observation, Prediction and Response Network – MEOPAR



## Natural resources and energy (1):

- BioFuelNet

## Information and communication technologies (0):

### Manufacturing (1)

- AUTO21



## Social Sciences and Wellness (0)

## Health and related life sciences and technologies (8):

- AllerGen
- Stem Cell Network (SCN)
- NeuroDevNet
- Canadian Frailty Network
- AGE-WELL
- BioCanRx
- CANet
- GlycoNet



# What is CANet?

- **Cardiac Arrhythmia Network of Canada**
- A Network Focus on improving Arrhythmic Conditions:
  - Atrial Fibrillation
  - Sudden Cardiac Death
  - Syncope

# CANet – VISION

- A transformed Canada that delivers personalized, patient-driven, integrated care resulting in improved access, quality, effectiveness and efficiency of arrhythmia care.

# Value Propositions-Deliverables

## A) Clinical (10-year)

- 10% drop in sudden cardiac death
- 20% drop in atrial fibrillation hospitalization and ED visits
- 30% drop in syncope hospitalization and ED visits

## B) Commercialization (5-year)

- 5-7 new technologies

## C) Highly Qualified Personnel (5-year)

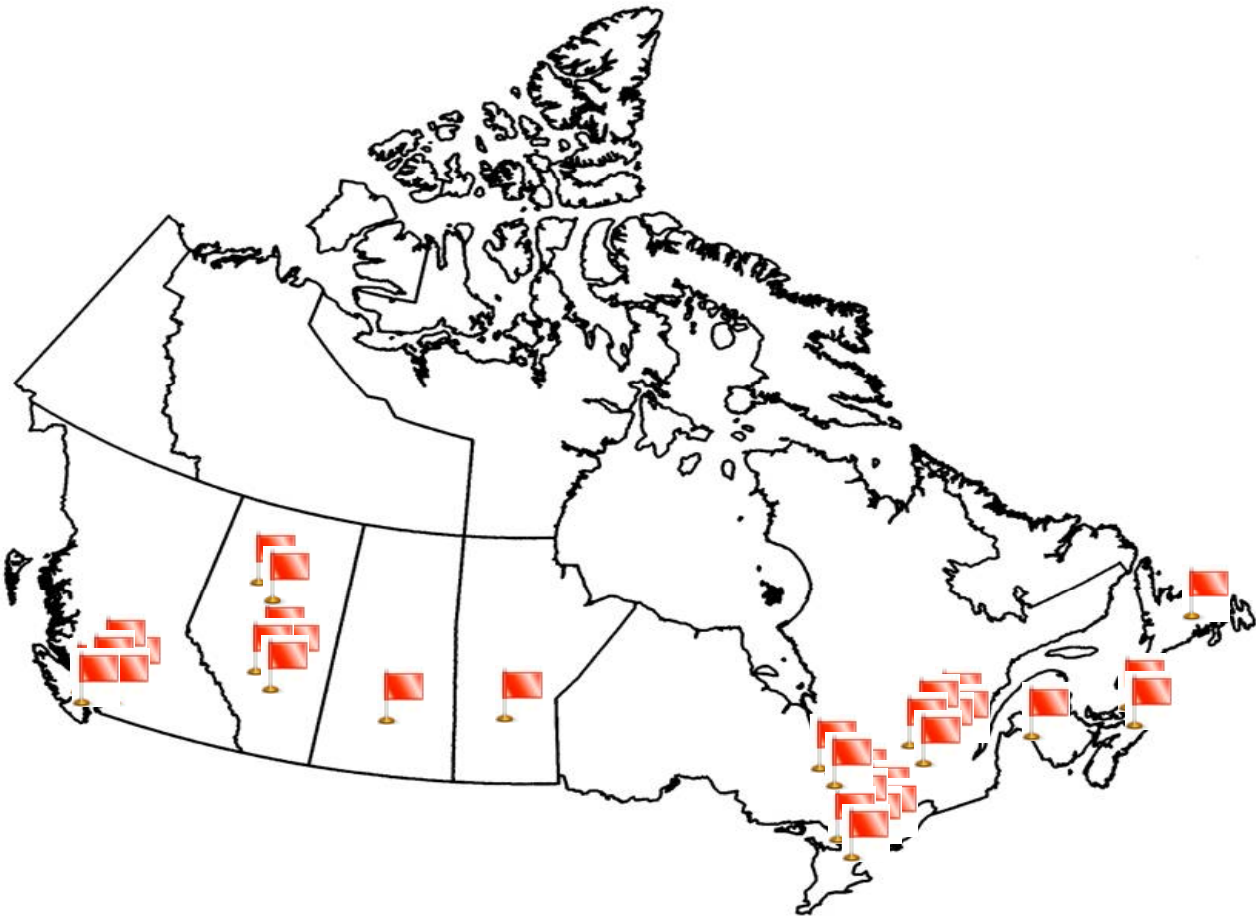
- 30-40 new talents launched in public and private research

## D) Improving accessibility, efficiency, and cost-effective arrhythmia care

## E) Networking and Partnership

- Partner funds (\$39.6 M) match with NCE (\$26.3 M)

# Networking & Partnerships





# Networking & Partnerships

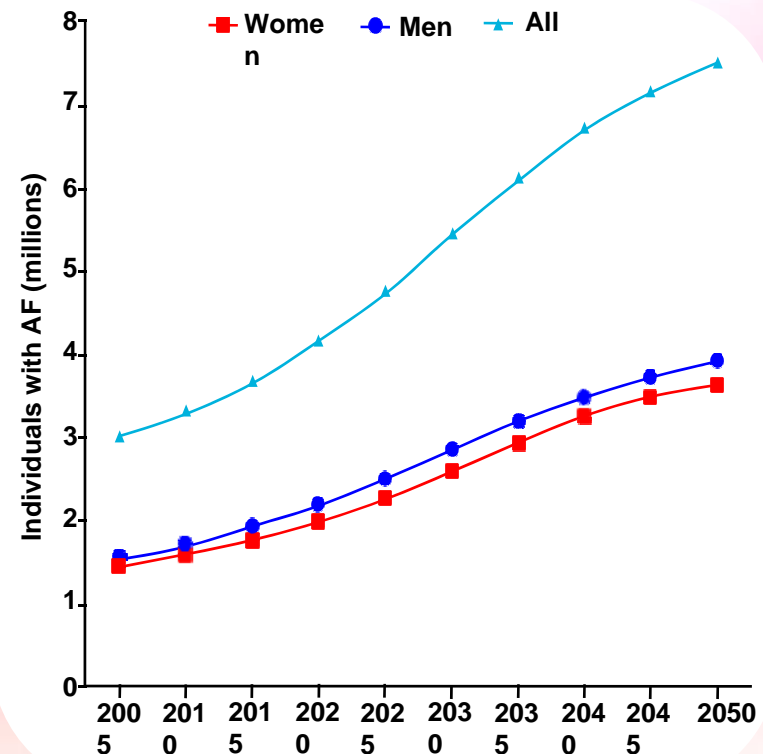
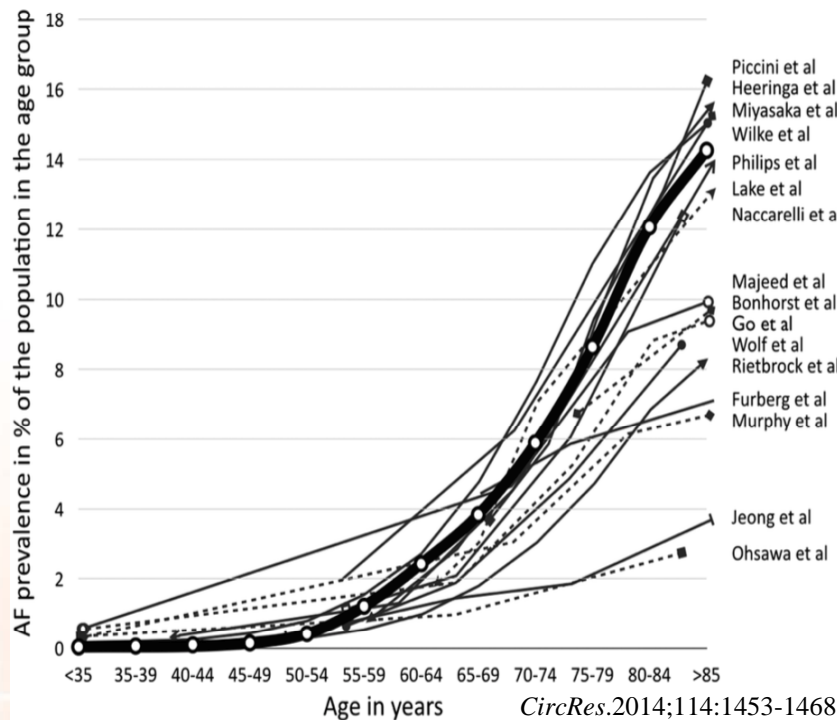
**Over 100** Investigators  
**19** Academic/Research Institutions  
**4** non-profit partners  
**Over 15** Industry Partners  
**7** Provincial Government partners

# Atrial Fibrillation



# The Problem

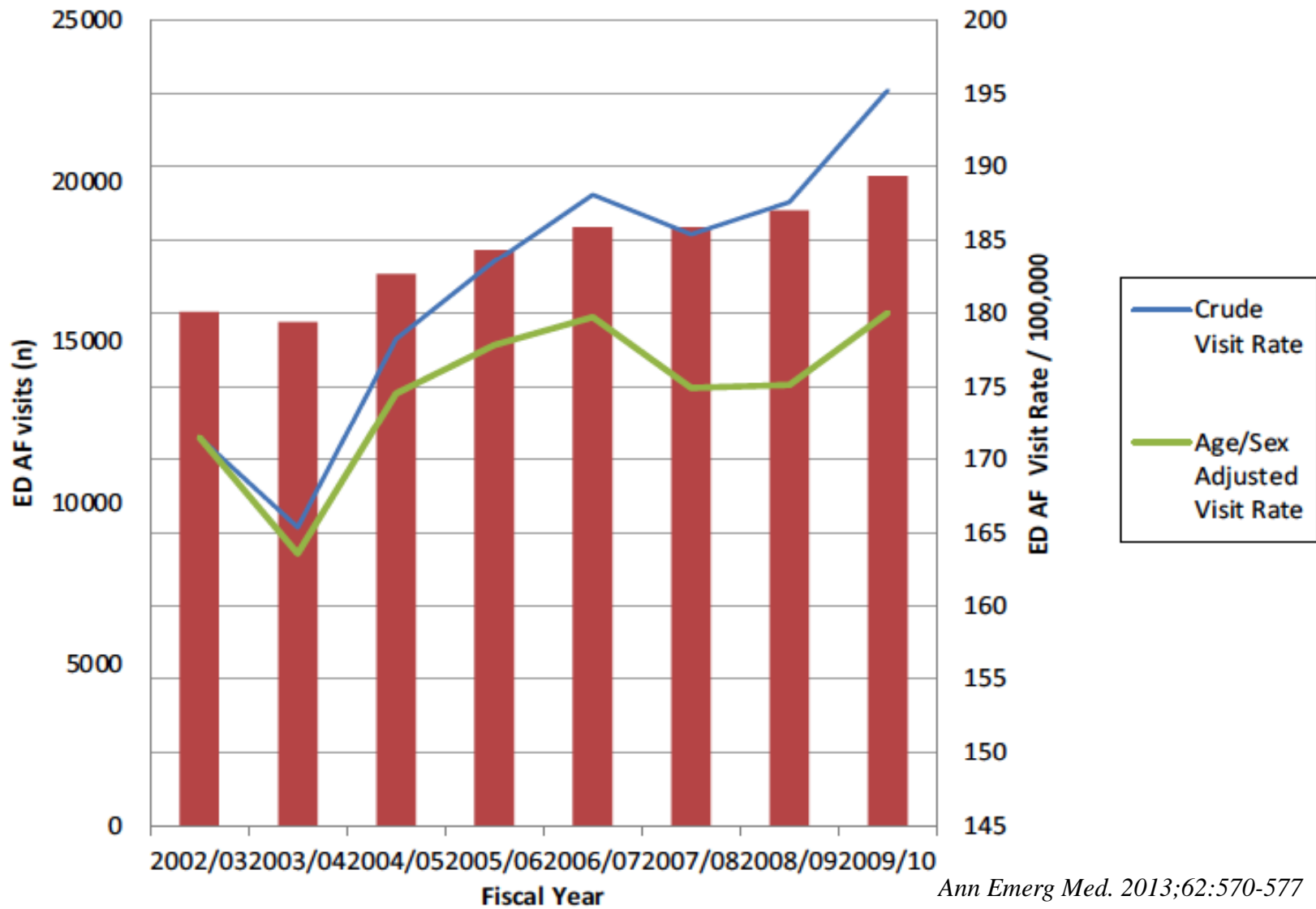
- AF is most common sustained rhythm disorder
- The prevalence of AF is increasing each year due to the aging population



# The Problem

- AF is most common sustained rhythm disorder
- The prevalence of AF is increasing each year due to the aging population
- It is estimated that 1 in 4 adults (40 years and older) in the developed countries, like Canada, have or will have AF in their lifetime
- Direct costs of care are \$5,000 annually per patient, driven primarily by repeated emergency room visits and hospitalization

# ED visits for AF to Ontario EDs



# ED Use in Patients with AF

- 12,772 index ED visits, the mean (SD) age was 77 (7.4) years
- ~ 40% hospitalizations
- 14-day mortality was 0.7% (95% ci 0.5%-0.8%).
- For those discharged from ED, within 14 days,
  - 67.8% had no follow-up care,
  - 19.4% saw solely a family physician, and
  - 12.8% saw a specialist (internist or cardiologist).
- 90 days mortality was higher in patients without follow-up care (hazard ratio [HR] 2.27; 95% CI 1.50 to 3.43).
- There were 1,310 (10.3%) repeat ED visits made by 1,146 (9.0%) patients.

# AF Track

**Mandate:**

**To reduce AF-related ED visits and hospitalizations by 20% over 10 yrs**

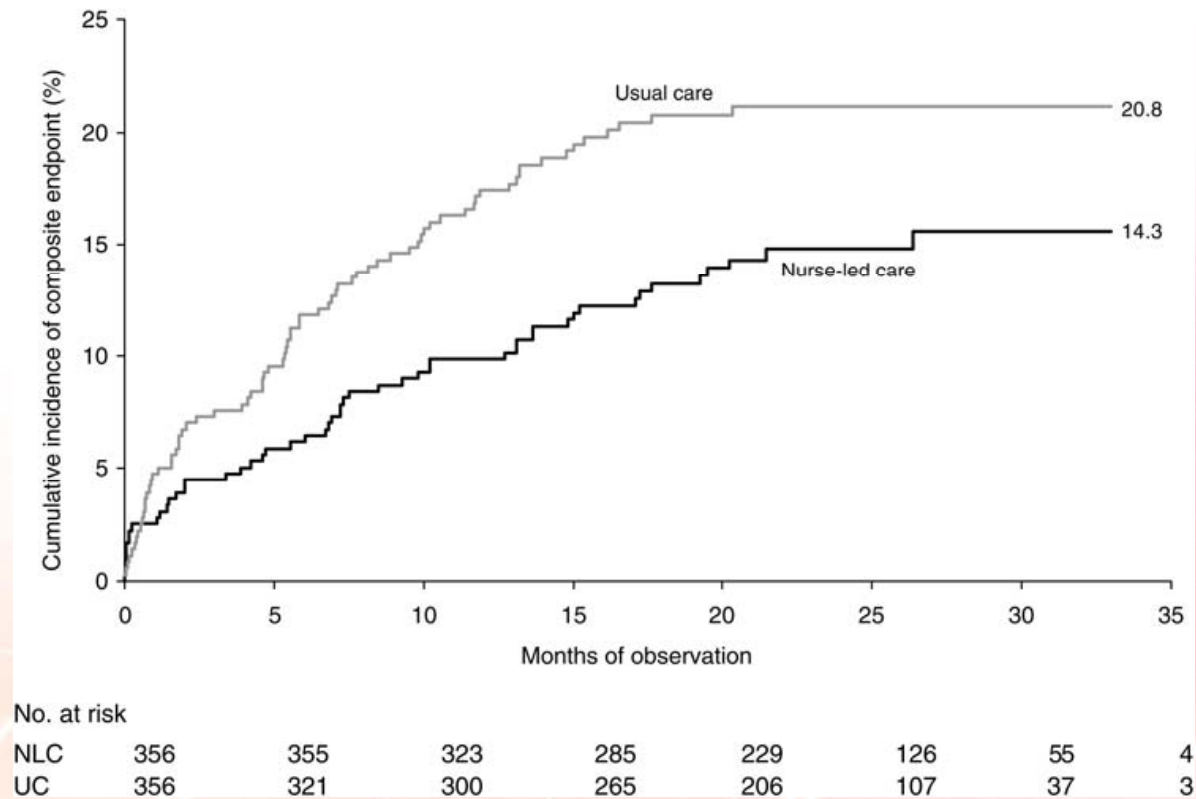
# Challenges

- Due to the intermittent nature and non-specific symptoms, diagnosis is often delayed. In addition, there is insufficient public awareness of AF and its consequence.



# AF Clinic

- Multi-disciplinary clinics



*Hindricks JML EHJ 2012;33:2692*

# Challenges

- Due to the intermittent nature and non-specific symptoms, diagnosis is often delayed. In addition, there is insufficient public awareness of AF and its consequence.
- AF clinics are inconsistent across the country are not available to the wider population beyond the tertiary institutions especially for the remote and special populations.
- Prevention and early treatment of AF are appealing but not developed.

# Vision of the AF Track

The long-term vision of the AF track is a Canadian care system that utilizes technologies to embrace a virtual personalized patient-driven care program that will provide high quality, efficient AF care across geographic barriers.

# **Virtual Patient-driven Personalized Arrhythmia Care (VPPAC)**



Privacy  
Consent  
Included



Step 1 Patient specific Contextual Data  
Hx Meds CHADS-VASc Abl  
Prior episodes of AF  
Other data – from other sources  
*Risk Assessment*



**Can we Change  
Behavior  
With Data &  
Reassurance?**

Privacy  
Consent  
Included



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Step 2 Biosensors:  
HR, Rhythm, BP

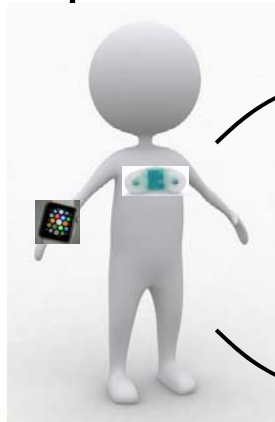


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Step 2 Biosensors:  
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Step 3 Symptom Assessment:

Ok / not ok

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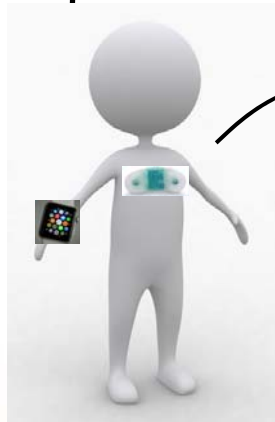
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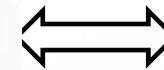
Step 2 Biosensors:  
HR, Rhythm, BP



Step 3 Symptom Assessment:

Ok / not ok

Step 4 NP Analytics





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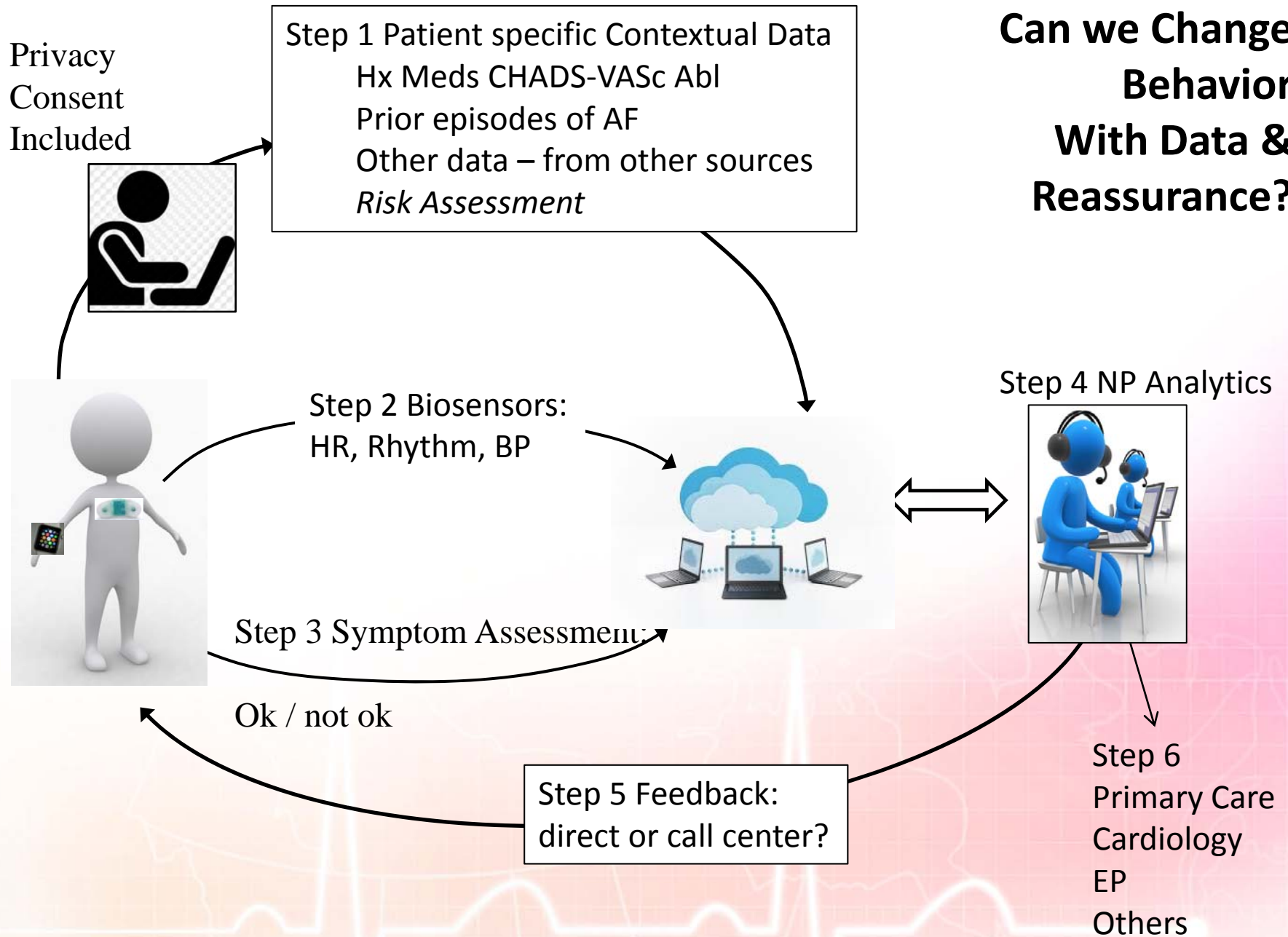
Step 3 Symptom Assessment:

Ok / not ok

Step 5 Feedback:  
direct or call center?

NP / Allied Professional interacts with patient to provide direct therapeutic strategies

# Can we Change Behavior With Data & Reassurance?



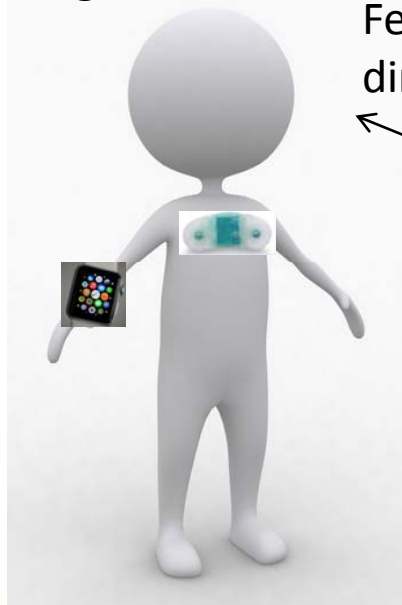
NP / Allied Professional interacts with patient to provide direct therapeutic strategies

# Virtual AF Care v1

REASSURANCE?

Change Behavior?

Feedback:  
direct or call center?



NP Analytics

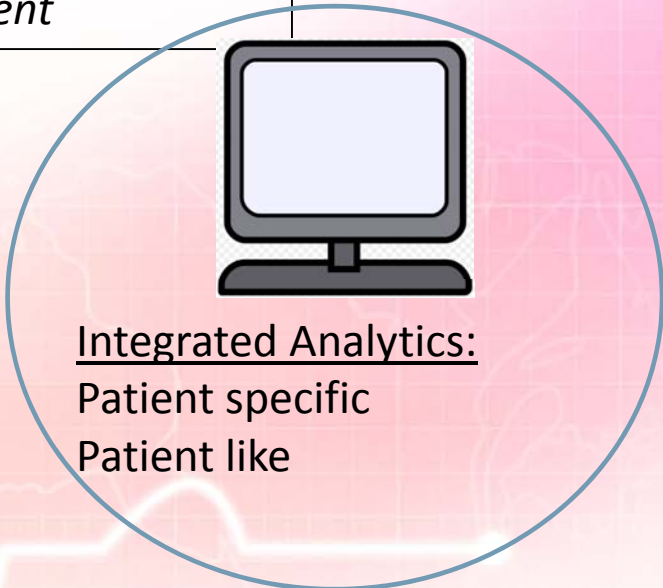


Patient specific Contextual Data  
Hx Meds CHADS-VASc Abl  
Prior episodes of AF  
Other data  
*Risk Assessment*

Biosensors:  
HR, Rhythm, BP

Symptom Assessment:  
Ok / not ok

Primary Care  
Cardiology  
EP  
Others



Integrated Analytics:  
Patient specific  
Patient like

# Machine learning to give best advice?

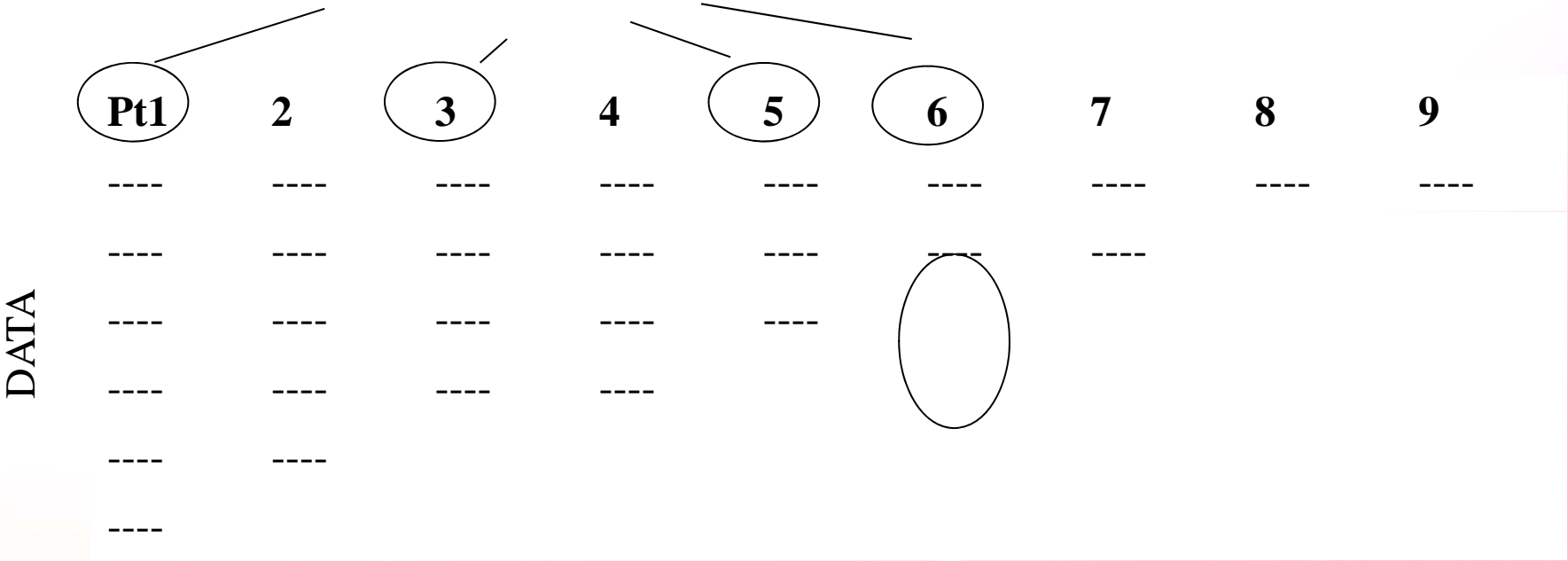
DATA

Pt1	2	3	4	5	6	7	8	9
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# Machine learning to give best advice

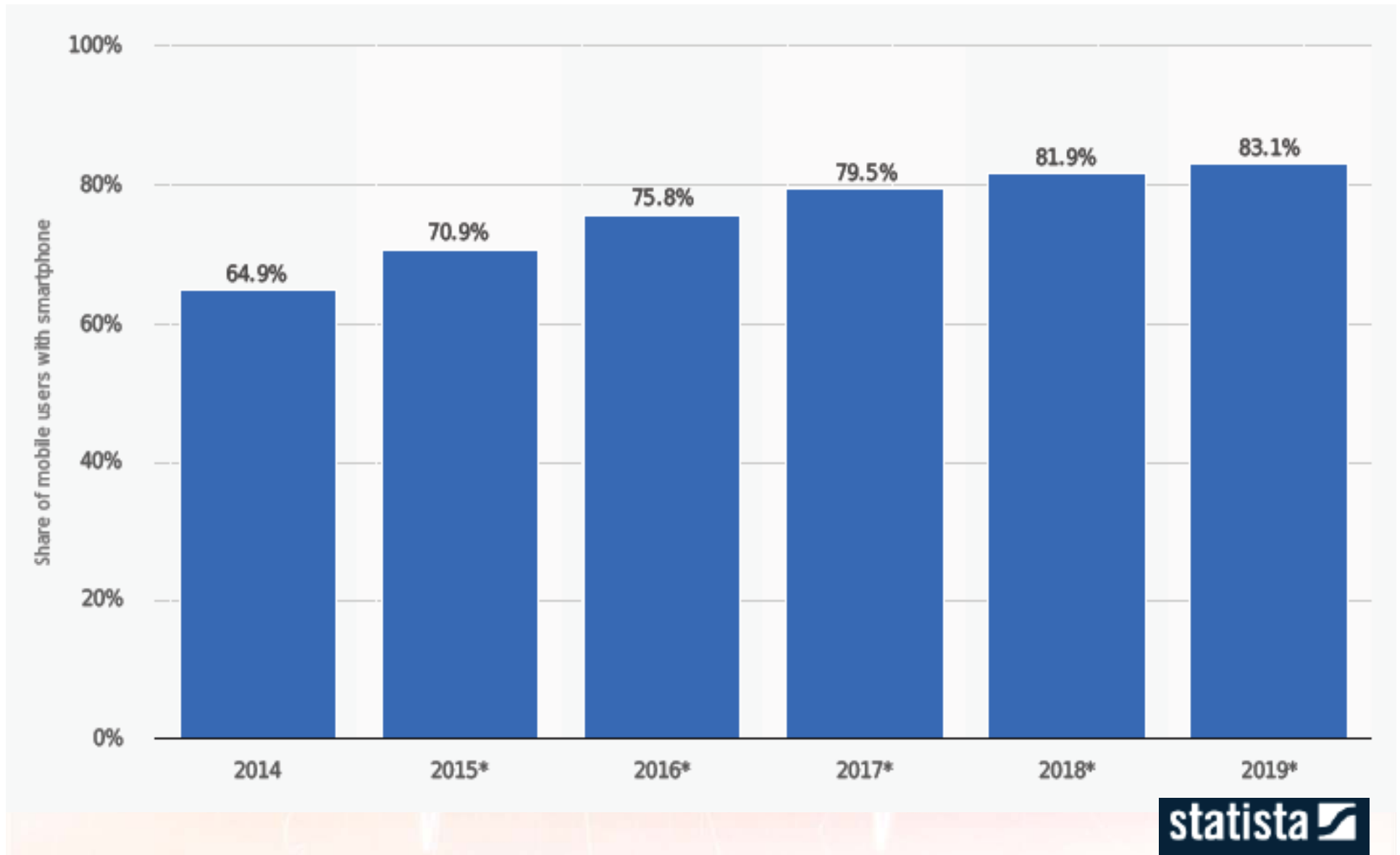
Similar patients



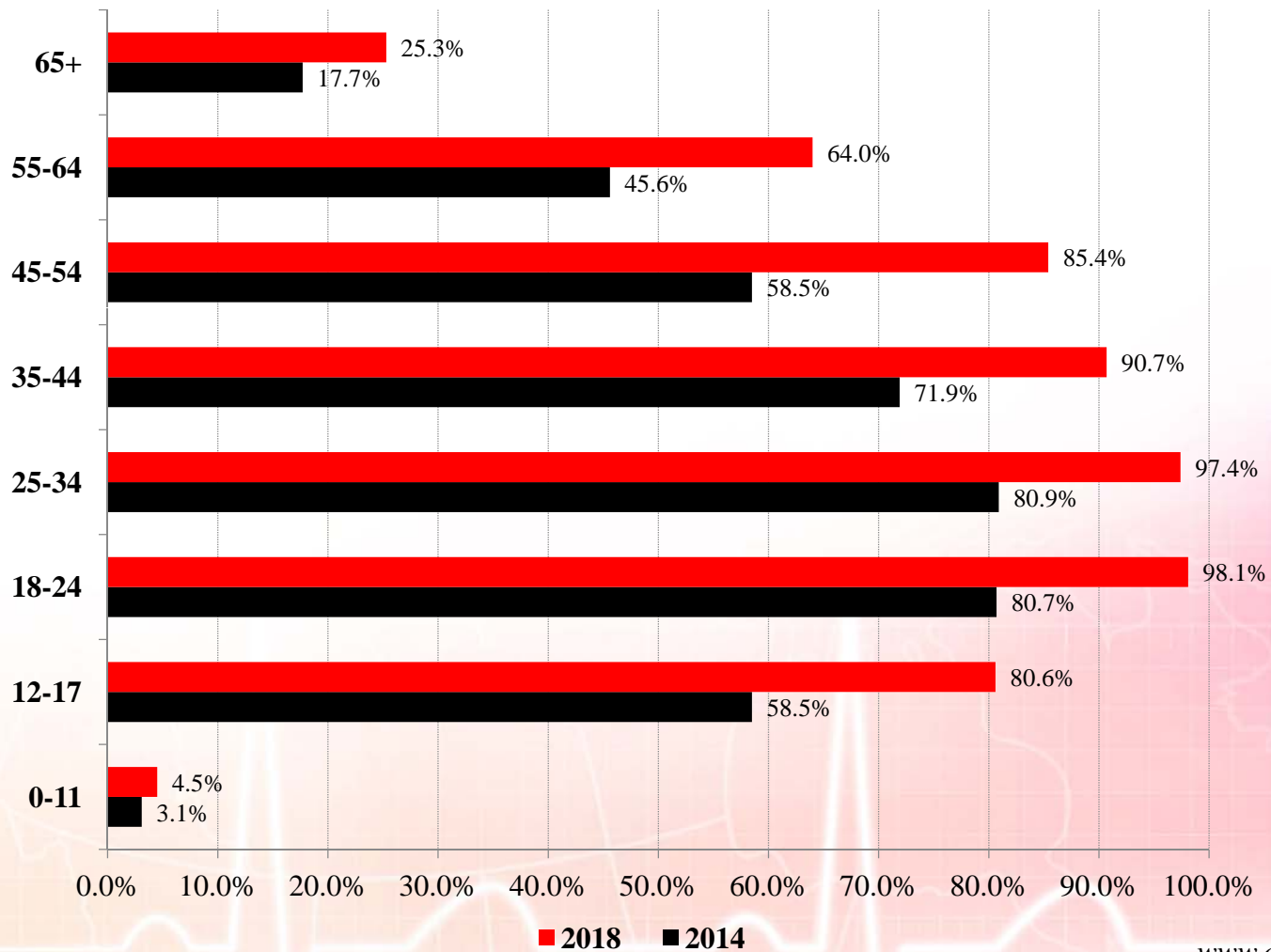
# **Technology Acceptance and Penetration**



# Smartphone Use in Canada



# Smartphone User Penetration in Canada

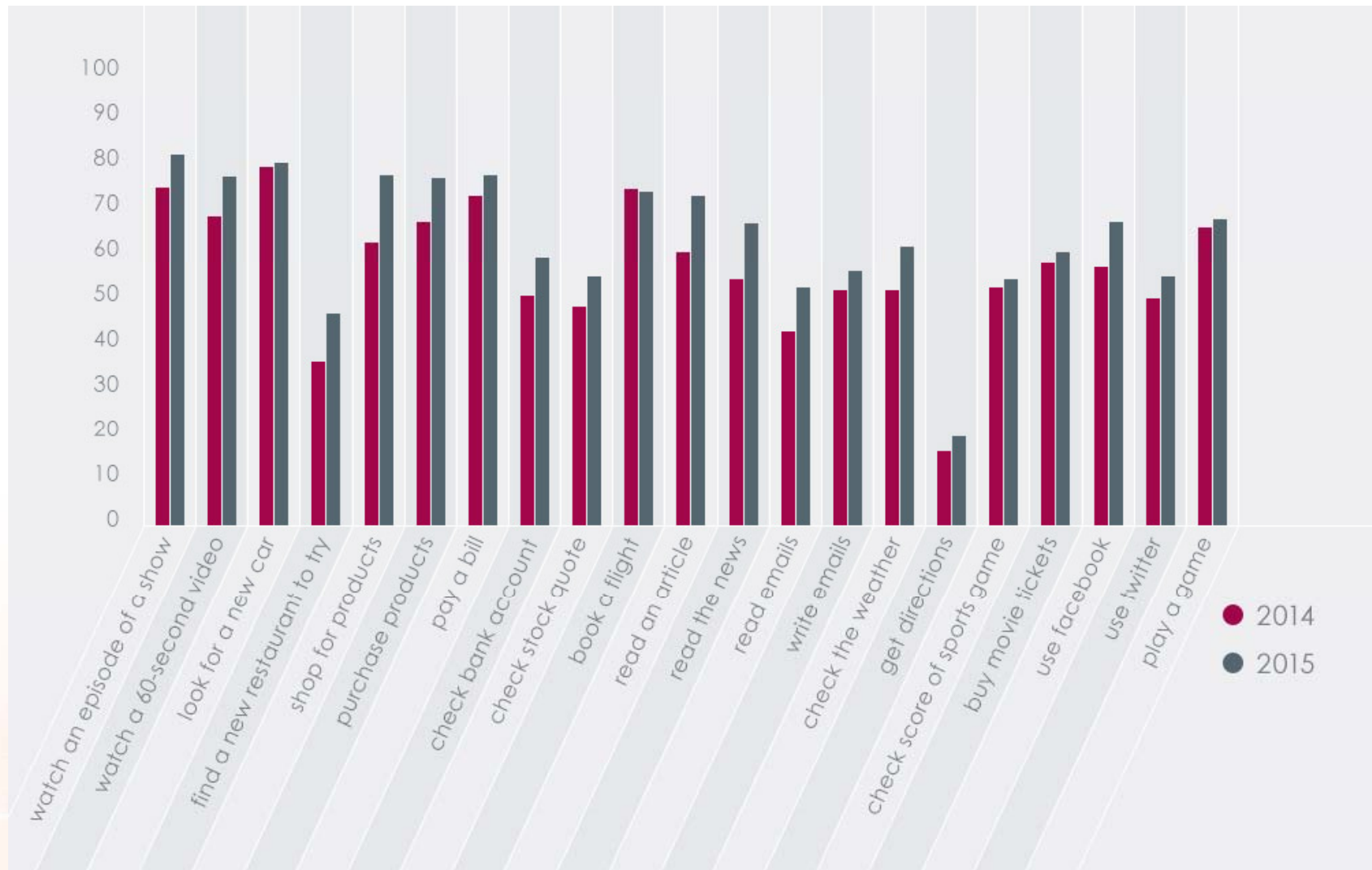




Who are using smartphone?  
Who are not using smartphone?



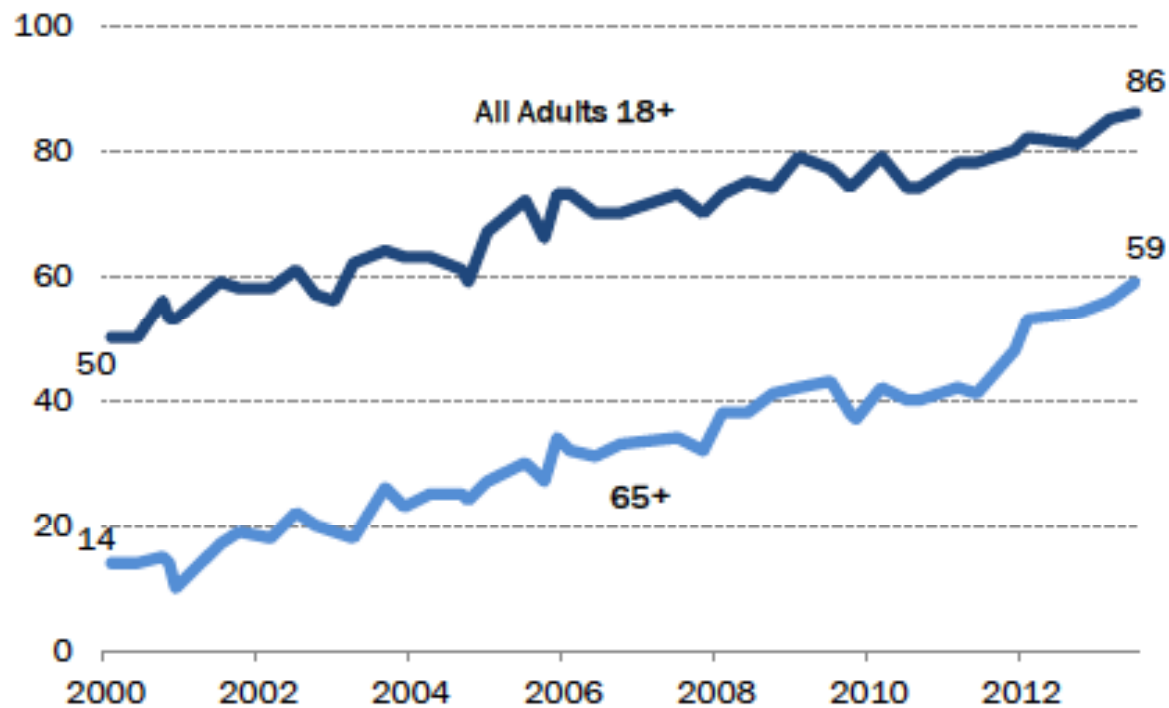
# What do Canadians use their Smartphone for?



# Internet Adoption

## Internet adoption over time, seniors vs. all adults

*% of seniors/all adults who go online, 2000-2013*

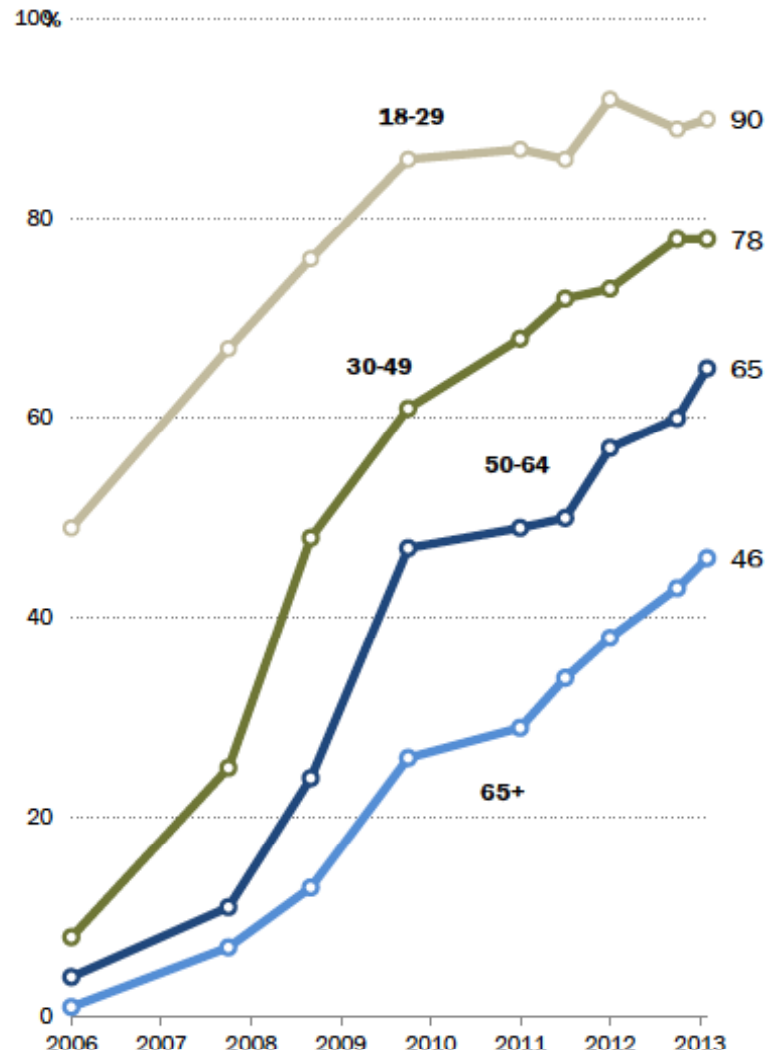


Pew Research Center's Internet Project tracking surveys.

**PEW RESEARCH CENTER**

## Social networking site use over time, by age group

% of internet users in each age group who use social networking sites



Pew Research Center's Internet Project surveys.

PEW RESEARCH CENTER

# Senior Care Mobility Trends

**59%**  
of seniors are  
going online  
(up 6% from 2013)



**47%**  
have a broadband  
connection  
in their home



**77%**  
of older citizen  
have a cellphone



## Percentage of Seniors are Using the internet to:

Easily communication  
with family and  
friends

**75%**

Shop for products  
and services

**58%**

Get information  
About Healthcare

**53%**

Keep up  
with the news

**40%**

*“Older adults and technology use” April 2014*

# AF Directed Therapy

- Prevention of AF – secondary prevention
  - Reduction of risk factors - hypertensive, diabetes, obesity, sleep apnea, inactivity, alcohol consumption and smoking
- Early detection and treatment to abolish AF with catheter ablation
- Later in AF progression
  - Determination of factors (clinical, imaging, genetic) predictive of catheter ablation success

