



UOHI Women's Heart Health Annual Education Day February 13, 2024, 0815 to 1530 (EST)

TIME (EST)	TOPIC	SPEAKER(S)
8:15-8:25	Welcome remarks	Bonnie Bowes, RN
8:25-9:00	Women's heart health overview	Dr. Thierry Mesana, MD
9:00-9:20	Reflection of women with lived experience	Nadia
9:20-9:55	Cardio-obstetrics	Dr. Habibat Garuba, MD
9:55-10:05	Women's Heart Health Education	Kara Murfitt, RN
10:05-10:20	Break	
10:20-10:55	Women's heart health and diabetes	Dr. Jodi Heshka, MD
10:55-11:30	Mind the heart	Dr. Heather Tulloch, PhD
11:30-11:45	Being a change agent for women's heart health in your own institution	Vicki Skinner, RN Christine Brewer, RN
11:45-12:15	Nursing role in women's heart health	Dr. Nazli Parast, APN Lindsay MacArthur, APN
12:15-12:45	Lunch	
12:45-13:00	Reflection of a woman with lived experience	Tammy
13:00-13:35	Deep dive into MINOCA/INOCA/ANOCA	Dr. Amélie Paquin, MD
13:35-14:05	Considerations for exercise in women with SCAD and MINOCA	Helena Van Ryn, PT
14:05-14:20	Break	
14:20- 14:50	Canadian Women's Heart Health Alliance: Working together for a common goal, and the Women@Heart Support Program	Lisa Comber, KTPC Nadine Elias, BSc Kin
14:50-15:20	Important highlights from the Vascular conference and Women Heart Health Champions Day	Dr. Maria Lopez Laporte, MD
15:20-15:30	Closing program remarks	Dr. Nazli Parast, APN