
CANADIAN WOMEN'S
HEART HEALTH
SUMMIT ▶ 2016

POST SUMMIT
HIGHLIGHT REPORT



UNIVERSITY OF OTTAWA
HEART INSTITUTE
INSTITUT DE CARDIOLOGIE
DE L'UNIVERSITÉ D'OTTAWA

CANADIAN WOMEN'S
HEART
HEALTH CENTRE



**HEART &
STROKE**
FOUNDATION



CANADIAN WOMEN'S HEART HEALTH SUMMIT ► 2016
APRIL 14-15, 2016 | OTTAWA | WOMENSHEARTSUMMIT.CA



Hosted by the University of Ottawa Heart Institute and the Heart and Stroke Foundation, the 2016 Canadian Women's Heart Health Summit took place April 14-15, 2016 at the Westin Ottawa hotel located in downtown Ottawa, Ontario.

This 1.5 day event brought together local, provincial and national experts and stakeholders to identify and propose strategies for the challenges involving heart disease and women across Canada. This event was intended to further chart a course for women's heart health through stimulating dialogue among experts in the field and devising synergistic strategies to reduce sex-disparities in cardiovascular disease prevention and management, to ultimately transform and save women's lives through research, awareness and evidence-based care.

This was an accredited knowledge exchange opportunity for a variety of stakeholders including primary care providers, cardiologists, gynecologists, pharmacists, nurses, cardiac rehabilitation providers, allied healthcare providers, researchers, policy-makers and community partners. The summit featured plenary sessions, panel discussions, poster displays, and networking opportunities.

SUMMIT OBJECTIVES

- Develop a network of leaders and knowledge-users across Canada, and internationally, to strengthen our capacity to develop and disseminate strategies to improve cardiovascular health among women.
- Identify scientific gaps and contribute to new knowledge and excellence in preventative cardiovascular medicine and population health through women-centered research.
- Delineate strategies for changing the misperception of cardiovascular disease in women, improving risk stratification, diagnosis, and therapy from a sex perspective and increasing female representation in clinical trials.





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SUMMIT AGENDA AND SPEAKERS

THURSDAY, APRIL 14, 2016

12:00 - 1:00 Registration and Welcome Lunch

1:00 - 1:30 Introductory Comments

Dr. Thais Coutinho and Dr. Michele Turek
University of Ottawa Heart Institute | Ottawa, ON

Elder Verna McGregor
Minwaashin Lodge | Ottawa, ON

Kamal Khera
Parliamentary Secretary to the Minister of Health | Ottawa, ON

Dr. Thierry Mesana
University of Ottawa Heart Institute | Ottawa, ON

Colleen Johnston
Heart and Stroke Foundation | Toronto, ON

Lisa McDonnell
University of Ottawa Heart Institute | Ottawa, ON

1:30 - 1:55 **KEYNOTE PRESENTATION**
Saving Women's Hearts: Where Should We Go Now?

Dr. Sharonne N. Hayes
Mayo Clinic | Rochester, MN

1:55 - 2:10 **Patient Perspective "My Heart Story"**

Coralie Lalonde
University of Ottawa Heart Institute | Ottawa, ON

2:10 - 2:35 **Epidemiology of Cardiovascular Disease in Women: Who is at Risk?**

Dr. Louise Pilote
McGill University and McGill University Health Centre | Montreal, QC



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- 2:35 - 3:00 **Sex-Related Differences in the Epidemiology and Pathophysiology of Cardiovascular Disease**
Dr. Karin Humphries
UBC - Heart and Stroke Foundation and BC Centre for Improved Cardiovascular Health | Hamilton, ON
- 3:00 - 3:20 **Break**
- 3:20 - 3:45 **The Intersection Between Sex/Gender, Ethnicity, and Socioeconomic Status and Cardiovascular Disease: Etiologic and Practice Implications**
Dr. Sonia Anand
McMaster University , Hamilton Health Sciences | Hamilton, ON
- 3:45 - 4:10 **Knowledge Gaps in Women's Heart Health – What Research Needs to Address**
Dr. Nanette Wenger
Emory University School of Medicine Emory Heart and Vascular Center | Atlanta, GA
- 4:10 - 4:40 **Bridging the Gaps Between Knowledge and Care: Lessons Learned**
Dr. Sharon Straus
Keenan Research Centre of the Li Ka Shing Knowledge Institute, St. Michael's Hospital | Toronto, ON
- 4:40 - 5:00 **Closing Remarks**
Dr. Andrew Pipe
University of Ottawa Heart Institute | Ottawa, ON
- 6:30 - 9:30 **Networking Reception and Dinner (Métropolitain Brasserie Restaurant)**





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FRIDAY, APRIL 15, 2016

- 7:30 - 8:30 Registration and Continental Breakfast
- 8:30 - 8:40 Introductory Comments and Recap Video

Lisa McDonnell
University of Ottawa Heart Institute | Ottawa, ON
- 8:40 - 9:05 A Gender Lens: Traditional and Lifestyle Risk Factors for Women with Cardiovascular Disease

Dr. Beth Abramson
University of Toronto, St. Michael's Hospital | Toronto, ON
- 9:05 - 9:30 Sex-Specific Risk Factors for Women with Cardiovascular Disease

Dr. Kara Nerenberg
University of Calgary | Calgary, AB
- 9:30 - 9:55 Women's Heart Health in the Community: Population Health and Prevention as Priorities!

Dr. Andrew Pipe
University of Ottawa Heart Institute | Ottawa, ON
- 9:55 - 10:20 Issues Surrounding Cardiac Rehabilitation Programs and Women

Dr. Sherry Grace
York University , University Health Network | Toronto, ON
- 10:20 - 10:40 Break
- 10:40 - 11:05 Cardio-Oncology – the Intersection Between the Heart and Cancer

Dr. Michele Turek
University of Ottawa Heart Institute | Ottawa, ON
- 11:05 - 12:00 Rapid Fire Oral Presentations - Multiple Presenters
- 12:00 - 1:30 Lunch (12:00 – 12:45) and Poster Session (12:45-1:30)



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- 1:30 - 1:50** **Clinical Cardiovascular Conundrums in Women:
Symptomatology, Coronary Artery Disease and Chest Pain**

Dr. Sharon Mulvagh
Mayo College of Medicine, Mayo Clinic | Rochester, MN

- 1:50 - 2:10** **Clinical Cardiovascular Conundrums in Women:
Spontaneous Coronary Artery Dissection(SCAD)**

Dr. Jacqueline Saw
University of British Columbia, Vancouver General Hospital | Vancouver, BC

- 2:10 - 2:30** **Clinical Cardiovascular Conundrums in Women:
Heart Failure with Preserved Ejection Fraction (HFpEF)**

Dr. Lisa Mielniczuk
University of Ottawa Heart Institute, University of Ottawa | Ottawa, ON

- 2:30 - 2:50** **Clinical Cardiovascular Conundrums in Women: Ask the Experts Panel Discussion**

Dr. Jacqueline Saw
University of British Columbia, Vancouver General Hospital | Vancouver, BC

Dr. Sharon Mulvagh
Mayo College of Medicine, Mayo Clinic | Rochester, MN

Dr. Lisa Mielniczuk
University of Ottawa Heart Institute, University of Ottawa | Ottawa, ON

Dr. Sharonne N. Hayes
Mayo Clinic | Rochester, MN

- 2:50 - 3:10** **Break**

- 3:10 - 3:30** **How to Promote Cardiovascular Research, Policies and Guidelines for Women**

Krystle van Hoof
Institute of Gender and Health | Montreal, QC



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3:30 - 4:20 Learning from Each other – Challenges, Experiences and Unique Insights

Dr. Paula Harvey
Women's College Hospital | Toronto, ON

Dr. Tara Sedlak
Vancouver General, St. Paul's and UBC Hospitals , University of British Columbia | Vancouver, BC

Wendy Wray
McGill University Health Centre | Montreal, QC

Lisa McDonnell
University of Ottawa Heart Institute | Ottawa, ON

Dr. Jo-Ann Sawatzky
University of Manitoba | Winnipeg, MB

4:20 - 4:30 Awards Ceremony and Closing Remarks

Dr. Michele Turek
University of Ottawa Heart Institute | Ottawa, ON

Colleen Johnston
Heart and Stroke Foundation | Toronto, ON





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RAPID FIRE ORAL PRESENTATIONS

FRIDAY, APRIL 15, 2016 | 11:05am – 12:00pm, Governor General Ballroom

1. **SEX DIFFERENCES IN THE GROWTH RATES OF THORACIC AORTIC ANEURYSMS: ROLE OF ANEURYSM ETIOLOGY**
K Cheung, M Boodhwani, L Beauchesne, KL Chan, A Dick, T Coutinho | Ottawa, Ontario
2. **EVALUATING THE IMPACT OF A WORKPLACE WELLNESS PROGRAM ON WOMEN: THE EXPERIENCE AT MERCK CANADA AFTER ONE YEAR**
V Berberien, I Lowensteyn | Montreal, Quebec
3. **ENDOTHELIAL DYSFUNCTION AFTER HYPERTENSIVE DISORDERS OF PREGNANCY: A SYSTEMATIC REVIEW AND META-ANALYSIS**
S Grand'Maison, L Pilote, T Landry, M Okano, N Dayan | Montreal, Quebec
4. **SEX DIFFERENCES IN HEALTH STATUS MAY BE BETTER EXPLAINED BY GENDER RELATED CHARACTERISTICS, THAN BIOLOGICAL SEX CHARACTERISTICS**
CM Norris, N Johnson, E Hardwicke-Brown, M McEwan, R Pelletier, L Pilote | Montreal, Quebec
5. **LONG-TERM CLINICAL EFFECTIVENESS OF A CARDIAC REHABILITATION PROGRAM DESIGNED FOR WOMEN: 6-MONTH AND 12-MONTH POST INTERVENTION FOLLOW-UP REVIEW**
M Landry, F Delos-Reyes, J Price | Toronto, Ontario
6. **SPONTANEOUS CORONARY ARTERY DISSECTION IN YOUNG WOMEN PRESENTING WITH ACUTE CORONARY SYNDROME**
A Shimony, L Pilote, H Al Lawati, A Bagai, H Behloui, M Eisenberg, D So, I Karp, AN Cheema for the GENESIS PRAXY Team | Toronto, Ontario

Selected abstracts were published in the April issue of the [Canadian Journal of Cardiology](#)





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POSTER PRESENTATION ABSTRACTS

FRIDAY, APRIL 15, 2016 | 12:45pm – 1:30pm, Governor General Ballroom Foyer

- 1. HARD TRUTHS ABOUT THE RED DRESS: A DISCOURSE ANALYSIS OF THE HEART TRUTH CAMPAIGN IN CANADA**
CM Norris, M Clark, KR McGannon, TR Berry, WC Rodgers, JC Spence | Edmonton, Alberta
- 2. YIELD OF CARDIAC MAGNETIC RESONANCE IMAGING IN PATIENTS WITH ACUTE CORONARY SYNDROME AND NO OBSTRUCTIVE CORONARY ARTERY DISEASE**
M Parvand, A Starovoytov, TL Sedlak | Vancouver, British Columbia
- 3. EFFECT OF ACUTE WEIGHT GAIN AND PHYSICAL ACTIVITY ON ARTERIAL STIFFNESS IN PREGNANT WOMEN AT HIGH RISK FOR HYPERTENSIVE DISORDERS OF PREGNANCY**
K Phan, P Bidulka, YH Gomez, J Gorgui, A El-Messidi, R Gagnon, SS Daskalopoulou | Montreal, Quebec
- 4. FEMALE SEX IS ASSOCIATED WITH EXTENDED LENGTH OF HOSPITAL STAY FOLLOWING CABG SURGERY IN PATIENTS WITH SEVERE OBESITY**
M Forhan, W Qiu, T Terada, R Padwal, J Johnson, AM Sharma, CM Norris | Edmonton, Alberta
- 5. EFFECTIVENESS OF A MOSQUE-BASED PHYSICAL ACTIVITY INTERVENTION FOR SOUTH ASIAN MUSLIM WOMEN: A PILOT STUDY**
J Price, AT Banerjee, M Zawi, D Childerhose, M Landry | Toronto, Ontario
- 6. BARRIERS TO INTAKE ASSESSMENT IN WOMEN REFERRED FOR CARDIAC REHABILITATION**
M Landry, J Price, F Delos-Reyes, D Childerhose, P Harvey | Toronto, Ontario
- 7. WHY DO ADULT WOMEN EXERCISE? A SYSTEMATIC REVIEW OF PROSPECTIVE COHORT STUDIES**
SA Prince, JL Reed, N Martinello, KB Adamo, JG Fodor, S Hiremath, EA Kristjansson, KA Mullen, KA Nerenberg, HE Tulloch, RD Reid | Ottawa, Ontario
- 8. MOVEMENT PATTERNS OF CANADIAN NURSES: A MULTI-CENTRE STUDY**
JL Reed, SA Prince, AL Pipe, RD Reid | Ottawa, Ontario
- 9. DANCED-BASED HIGH-INTENSITY AEROBIC INTERVAL TRAINING FOR WOMEN IN CARDIOVASCULAR REHABILITATION**
JL Reed, ML Keast | Ottawa, Ontario



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10. WHAT DO WE KNOW ABOUT WOMEN VERSUS MEN WHO ATTEND HEART WISE EXERCISE SESSIONS?
JL Reed, JM Harris, LM Cotie, SL Grace | Ottawa, Ontario
11. ABNORMAL SEX HORMONE PROFILE IN WOMEN WITH END STAGE KIDNEY DISEASES
Ramesh, SB Wilton, MT James, JM Holroyd-Leduc, EW Seely, M Tonelli, BR Hemmelgarn, SB Ahmed | Calgary, Alberta
12. AGE IS A FACTOR FOR REFERRAL OF WOMEN WITH LEFT VENTRICULAR DYSFUNCTION DURING TRASTUZUMAB-BASED TREATMENT FOR HER2-POSITIVE BREAST CANCER: SINGLECENTER RETROSPECTIVE DATA ANALYSIS
O Aseyev, M Turek, C Johnson, F Crowley, S Dent | Ottawa, Ontario
13. IMPACT OF GESTATIONAL COMPLICATIONS ON SEVERITY AND OUTCOMES FOLLOWING ACUTE CORONARY SYNDROME
S Grand'Maison, L Pilote, N Dayan | Montreal, Quebec
14. EFFECT OF AN INTERVENTION TO IMPROVE THE CARDIOVASCULAR HEALTH OF POSTPARTUM WOMEN WITH A HISTORY OF HYPERTENSIVE DISORDERS OF PREGNANCY
D Younger-Lewis, LA McDonnell, C Westcott, N Elias, S Perron, N Martin, S Ives, AL Pipe, R Reid, K Nerenberg | Ottawa, Ontario
15. IMPACT OF DIGITAL HEALTH METHODS FOR WEIGHT MANAGEMENT ON ATHEROSCLEROTIC CARDIOVASCULAR DISEASE RISK IN "AT-RISK" WOMEN
CA Ball, K Carter, C Yeung, SS Abdelmoneim, J Bauman, R Huang, R Mankad, S Iftikar, S Jain, F Lopez-Jimenez, SL Mulvagh | Rochester, Minnesota
16. CIRCULATING ANGIOGENIC FACTORS AT THE TIME OF ACUTE CORONARY SYNDROME IN WOMEN WITH PRIOR PREECLAMPSIA
N Dayan, K Schlosser, DJ Stewart, M Okano, S Grand'Maison, L Pilote | Montreal, Quebec
17. IDENTIFICATION AND MANAGEMENT OF WOMEN AT RISK FOR HEART DISEASE: RESULTS FROM THE CARDIOPREVENT® PROGRAM
N Martin, R Reid, D Younger-Lewis, C Westcott, N Elias, S Perron, S Ives, AL Pipe, LA McDonnell | Ottawa, Ontario
18. THE ASSOCIATION BETWEEN DEPRESSION SEVERITY AND CARDIAC RISK FACTORS AMONG WOMEN REFERRED TO A CARDIAC REHABILITATION AND PREVENTION CLINIC
M Bhardwaj, J Price, M Landry, P Harvey, J Hensel | Toronto, Ontario



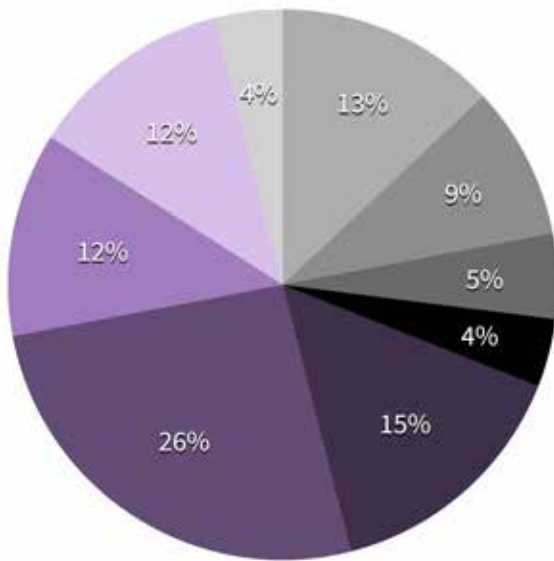
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DELEGATE DEMOGRAPHICS

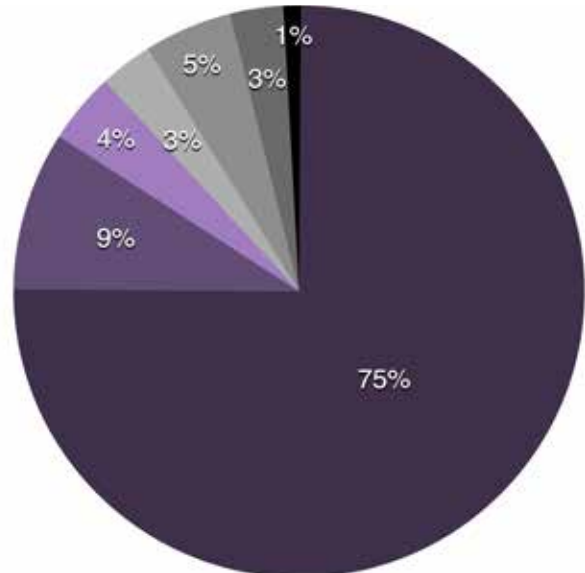
A total of 171 delegates attended the Summit, which was comprised of physicians, pharmacists, nurses, cardiac rehabilitation providers, allied healthcare providers, researchers, policy-makers and community partners from across Canada and the United States

SPECIALITY POPULATION



- Administration
- Allied Health
- CVD Patients & Donors
- Not Health Related
- Nurses
- Physicians
- Research
- Sponsors
- Students

DELEGATE LOCATION



- Alberta
- British Columbia
- Manitoba
- Nova Scotia
- Ontario
- Quebec
- USA



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DELEGATE TESTIMONIALS

“The energy was very positive and the research presentations were excellent.”

“Variety of dynamic presenters”

“It was a very well-rounded Summit and addressed a lot of issues from the scientific research to implementation and shared learning.”

“Incredible learning and networking opportunity”

“High quality, leaders-in-field speakers”

“I enjoyed all of the event, very valuable information. From education to networking, meeting many women who are very involved in women’s heart health. Making new contacts who I can keep in touch with and reach out to if need be.”





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NETWORKING RECEPTION AND DINNER

On Thursday April 14th, 2016, 70 guests took part in an elegant, fun- filled evening at the Métropolitain Brasserie Restaurant. Located just across the street from the Westin Hotel on 700 Sussex Drive in downtown Ottawa, attendees networked with colleagues and friends and enjoyed a heart healthy 4-course plated dinner, delicious wine and wonderful company in a relaxing and intimate setting.





AWARDS

2016 Canadian Women's Heart Health Advocacy Award

The 2016 Canadian Women's Heart Health Advocacy Award recognizes the contributions of an individual or group working to improve the heart health of women through advocacy, awareness, and support. It recognizes outstanding commitment in mobilizing women and health professionals to take heart health seriously and act to reduce women's risk of heart disease.

We were very fortunate in our first year to receive so many high quality nominations. Two recipients were selected by the Advocacy Award Committee for the individual and team/organization categories and received an award of recognition during the Summit's closing remarks on Friday April 15, 2016.

CONGRATULATIONS TO OUR 2016 CANADIAN WOMEN'S HEART HEALTH ADVOCACY AWARD WINNERS:

INDIVIDUAL CATEGORY



Dr. Sonia Anand
 Professor of Medicine and Epidemiology, McMaster University
 Director, Population Genomics Program, McMaster University
 Population Health Research Institute, Hamilton Health Sciences
 Hamilton, ON

TEAM CATEGORY



Dr. Len Sternberg and Dr. Jennifer Price
 Co-Founders, Women's Cardiovascular Health Initiative
 Women's College Hospital
 Toronto, ON

**Dr. Jennifer Price receiving award on behalf of Dr. Len Sternberg and herself*

NOMINEES

Dr. Beth Abramson
 Associate Professor of Medicine, University of Toronto
 Director, Cardiac Prevention and Rehabilitation Centre and Women's Cardiovascular Health
 Division of Cardiology, St. Michael's Hospital,
 Toronto, ON

Dr. Ananya Banerjee
 Assistant Professor, Dalla Lana School of Public Health,
 University of Toronto
 Toronto, ON

Raman Kapoor
 Founder, DIL Walk Foundation
 Calgary, AB

Marion Martell
 Co-Chair/Avid Volunteer
 Jeanne Fuller Red Dress Charity Golf Classic
 Women@Heart Peer Leader
 Ottawa, ON

Louise Pilote, MD, MPH, PhD
 Professor of Medicine
 James McGill Chair
 Director, Division of General Internal Medicine,
 McGill University and McGill University Health Centre
 Montreal, QC

Tara L. Sedlak, MD, FRCPC
 Cardiologist, Vancouver General,
 St. Paul's, and UBC Hospitals
 Clinical Assistant Professor
 University of British Columbia
 Vancouver, BC

The Zonta Club of Nanaimo
 Co-Host, Annual Red Gala Event
 Nanaimo, BC

On behalf of the Advocacy Award Committee and the Canadian Women's Heart Health Summit Planning Committee, we extend our heartfelt thanks to all who submitted nominations.



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BEST RAPID FIRE ORAL PRESENTATION AWARD

The **WINNER** for 2016 Best Rapid-Fire Oral Presentation was Katie Cheung from the University of Ottawa Heart Institute for her abstract titled:

[Sex Differences in the Growth Rates of Thoracic Aortic Aneurysms: Role of Aneurysm Etiology.](#)

BEST POSTER PRESENTATION AWARD

The **WINNER** for the 2016 Best Poster Presenter was Mary Forhan from the University of Alberta for her abstract titled:

[Female sex is associated with extended length of hospital stay following CABG surgery in patients with severe obesity.](#)





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CALL TO ACTION MEETING

In addition to the Canadian Women's Heart Health Summit, the Summit Planning Committee invited a diverse group of 66 participants which included women living with heart disease, experts in women's heart health, and representatives from hospital systems, advocacy organizations, industry, and key federal agencies to attend a Call to Action meeting on Saturday, April 16, 2016. Cross-disciplinary working groups were formed to identify issues, obstacles, and gaps in knowledge, practice, implementation, and translation; discuss policy recommendations for solutions; and advance sex- and gender-based cardiovascular disease research. **The objective was to develop a series of priority items that would lay the foundation for an action plan to improve women's heart health in Canada.** These priorities for action are outlined on the next page, and represent a common commitment that actions must be taken now to address the important issue of heart disease in women.





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PRIORITIES FOR ACTION

<p>ESTABLISH A WOMEN'S HEART HEALTH ALLIANCE & NETWORK</p>	<ul style="list-style-type: none"> • Establish a formal alliance of experts and advocates in women's heart health to promote partnership, collaboration and implementation of best practices across Canada. • Establish a formal research network of stakeholders working to improve women's heart health.
<p>POLICY & ADVOCACY</p>	<ul style="list-style-type: none"> • Develop a Policy Document providing all stakeholders with clear directions to improve women's heart health in Canada. • Develop a Women's Heart Health Consensus Statement following an evidence review that includes guidelines for screening and treatment of specific conditions across the life span. • Create a public awareness campaign that introduces real women across different groups as the "faces" of women's heart disease in Canada, and highlights sex-specific symptoms and early warning signs. • Explore ways to link databases and share data to make better use of existing research findings. • Expand community supports to reach more women across Canada, particularly those in high-risk, low-income, remote, and Indigenous communities.
<p>TRANSFORMING CLINICAL PRACTICES</p>	<ul style="list-style-type: none"> • Develop new "feminized" risk screening tools that include female-centric risk factors across the life span for use at points of care and by the lay public. • Develop a new model of care for women that: is accessible; engages the patient; defines how and when care is best delivered, by whom and in what setting; leverages effectiveness-based approaches when evidence-based approaches are lacking. • Explore incentives that encourage health care providers to focus on primary and secondary CVD prevention. • Convene a multi-partner roundtable on women's heart health to enhance education, training, and dissemination at all levels.



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ADVANCES IN RESEARCH

- Perform a needs assessment/environmental scan to determine what research is currently underway, and to identify research gaps.
- Engage in knowledge translation to put into practice what we already know works.
- Develop a research agenda for primary prevention.
- Prioritize research funding that addresses women's heart health and sex and gender differences in CVD, especially those that are cross-disciplinary and will meaningfully engage women.
- Advocate for changes in research calls and guidelines to key organizations in Canada to mandate sex-stratified analyses and reporting.

MOVING FORWARD

The Summit was a crucial step to push the agenda on women's heart health in Canada. Moving forward, a coalition of different stakeholder groups and organizations will be required to form an action-oriented alliance to support the recommendations produced from the Summit. The CWHHC will assume a leadership role in organizing next steps. Through consultation with other key stakeholders, the CWHHC will identify which individuals and/or organizations wish to take part in the identified priority areas for action. Thereafter, specific activities, timelines and resources will need to be established to mobilize action and ensure we do not lose momentum.

Through this event, relationships have begun with various providers, stakeholders and researchers across Canada, including representation from: the Canadian Women's Heart Health Centre (UOHI, Ottawa), Heart and Stroke Foundation, Women's Healthy Heart Initiative (McGill University, Montreal), Leslie Diamond Women's Heart Health Clinic (Vancouver), Women's Heart Program for Women (Vancouver), Women's Cardiovascular Health Initiative (Women's College Hospital, Toronto), BC Centre for Improved Cardiovascular Health (Vancouver), Hamilton Health Services (Hamilton), St. Michael's Hospital (Toronto), University of Calgary (Calgary), University Health Network (Toronto), University of British Columbia (Vancouver), Institute of Gender and Health (Montreal), McGill University (Montreal), and University of Manitoba (Winnipeg).

The planning committee will continue to reengage in knowledge translation activities and anticipates that these activities will result in a highly collaborative team comprised of members from each of our relevant target audiences, who will themselves champion our messages in their work and practices, acting as role models and early adopters, influencing their colleagues and helping to educate and raise awareness in their own jurisdictions.



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The University of Ottawa Heart Institute and the Heart and Stroke Foundation would like to thank the following organizations for their support:

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- Canadian Cardiovascular Society
- Dairy Farmers of Canada
- Health Canada
- Novartis Pharmaceuticals Canada





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MEDIA COVERAGE

OTTAWA CITIZEN
Health care needs to do small things well, prevention expert tells women's heart summit
 JOANNE GARDNER, OTTAWA CITIZEN
 With Tom Januszewski, Ottawa Citizen

TVA HD
 GATINEAU / OTTAWA

Le TVA Nouvelles de 18 heures Gatineau - Ottawa 15 avril 2016

Our Ottawa - April 30, 2016
 CBC Television, CBC News
 April 30, 2016

ICI RADIO-CANADA .ca

Santé
Le premier Sommet sur la santé cardiaque des femmes a lieu à Ottawa
 Le mercredi 13 avril 2016

OTTAWA CITIZEN
No treatment for leading cause of heart failure in women, summit hears
 DON HUTLER, OTTAWA CITIZEN
 Mackenzie Strachan, Ottawa Citizen

THE BEAT
 THE LATEST ON HEART HEALTH AND CARDIOVASCULAR CARE AND RESEARCH
CWHS 2016: What's Needed to Improve Women's Heart Health?
 May 2016

INFO07.COM
Prendre soin du cœur des femmes
 Sandra Pelletier, Ottawa
 Publié le 14 avril 2016

CBCnews | Ottawa

Heart disease a silent killer of women in Canada
 "When we talk about women's health, we should be talking about heart disease"
 By: Jill Norris, CBC News | Published: April 14, 2016 5:00 AM ET | Last Updated: Sun 05/20/16 11:19 AM ET

THE BEAT
 THE LATEST ON HEART HEALTH AND CARDIOVASCULAR CARE AND RESEARCH
CWHS 2016: What We Know about Women and Heart Disease
 May 2016

1310 News Ottawa
 Dr. Michele Turek spoke with reporter Sara Buchan.

Radio-Canada Ottawa-Gatineau
 Sue Perron spoke with reporter Nicole Chiasson.

UniqueFM
 Sue Perron gave an interview to Mélodie Pelletier.

680 AM Winnipeg
 Lisa McDonnell gave an interview to Don Hooke.

AM 980 London, Ontario
 Lisa McDonnell gave an interview to Craig Needles.



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